

# WESTERN ARKANSAS RUNNERS

*"Supporting faces of all paces."*

## Freezing Family Fun

Kids (12 & under) .5 to 1 mile TRAIL/OBSTACLE RUN

Junior and Adult (13 & up) 2 to 5 mile TRAIL RUN

Watch your kids run, then YOU run...or run together!!

**\*\*\* Free Brunch for all & Goodie Bags for Kids \*\*\***

*Goodie Bags guaranteed to the first 75 kids who register*

# Saturday, December 11th, 11 a.m.

Entry Fee: \$5 kids, \$10 junior & adult, \$15 family

Make check payable to: Western Arkansas Runners and send  
to: W.A.R., P.O. Box 12021, Fort Smith, AR 72917

*Race Day Registration 9:30 - 10:45 a.m.*



HWY 59, J.W. Trimble Lock & Dam #13, Barling AR

**Starts at the "big" playground by the river**

For more info: [westernarkansasrunners.com](http://westernarkansasrunners.com) [maxwellness@cox.net](mailto:maxwellness@cox.net) (479) 883-6535